

AMERICAS CONTINENTAL Short Course Meters RECORDS
As of November 15, 2009

MEN

50 Free	20.74	Nicholas Santos, BRA	Berlin, 15 Nov 2009
100 Free	45.56	Brent Hayden, CAN	Berlin, 14 Nov 2009
200 Free	1:40.80	Brent Hayden, CAN	Berlin, 15 Nov 2009
400 Free	3:34.81	Peter Vanderkay, USA	Tokyo, 21 Feb, 2009
800 Free	7:39.57	Ryan Cochrane, CAN	Toronto, 12 Mar 2009
1500 Free	14:28.63	Ryan Cochrane, CAN	Leeds, 8 Aug 2009
50 Back	22.73	Peter Marshall, USA	Stockholm, 11 Nov 2009
100 Back	49.29	Peter Marshall, USA	Stockholm, 10 Nov 2009
200 Back	1:47.91	Ryan Lochte, USA	Manchester, 13 Apr 2008
50 Breast	25.70	Felipe Silva, BRA	Berlin, 14 Nov 2009
100 Breast	56.49	Felipe Silva, BRA	Berlin, 15 Nov 2009
200 Breast	2:02.92	Ed Moses, USA	Berlin, 17 Jan 2004
50 Fly	22.17	Nicholas Santos, BRA	Berlin, 14 Nov 2009
100 Fly	49.07	Ian Crocker, USA	East Meadow, 26 Mar 2004
200 Fly	1:49.11	Kaio Almeida, BRA	Stockholm, 10 Nov 2009
100 im	51.15	Ryan Lochte, USA	Manchester, 13 Apr 2008
200 im	1:51.56	Ryan Lochte, USA	Manchester, 11 Apr 2008
400 im	4:00.63	Thiago Pereira, BRA	Berlin, 17 Nov 2007
4x100 FR	3:07.89	Canada, CAN	Leeds, 8 Aug 2009
4x200 FR	6:51.05	Canada, CAN	Leeds, 7 Aug 2009
4x100 MR	3:23.33	Canada, CAN	Leeds, 9 Aug 2009

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WOMEN

50 Free	23.82	Dara Torres,USA	Berlin,17 Nov 2007
100 Free	52.79	Dara Torres,USA	Berlin,18 Nov 2007
200 Free	1:54.04	Lindsay Benko,USA	Moscow,7 Apr 2002
400 Free	3:59.53	Lindsay Benko,USA	Berlin,26 Jan 2003
800 Free	8:08.00	Kate Ziegler,USA	Essen,14 Oct 2007
1500 Free	15:32.90	Kate Ziegler,USA	Essen,12 Oct 2007
50 Back	26.61	Fabuila Molina,BRA	Moscow,6 Nov 2009
100 Back	56.51	Natalie Coughlin,USA	Singapore,28 Oct 2007
200 Back	2:03.31	Katy Murdoch,CAN	Leeds,9 Aug 2009
50 Breast	28.80	Jessica Hardy,USA	Berlin,15 Nov 2009
100 Breast	1:03.30	Jessica Hardy,USA	Berlin,14 Nov 2009
200 Breast	2:16.83	Annam Pierse,CAN	Leeds,7 Aug 2009
50 Fly	25.17	Lara Jackson,USA	Berlin,15 Nov 2009
100 Fly	56.32	Rachel Komisarz,USA	Manchester,13 Apr 2008
200 Fly	2:03.20	Audrey Lacroix,CAN	Leeds,6 Aug 2009
100 im	58.80	Natalie Coughlin,USA	East Meadow,23 Nov 23,2002
200 im	2:06.49	Julia Smit,USA	Etobicoke,29 Nov 2008
400 im	4:25.87	Julia Smit,USA	Etobicoke,28 Nov 2008
4x100 FR	3:32.53	Canada,CAN	Leeds,8 Aug 2009
4x200 FR	7:45.04	Canada,CAN	Leeds,7 Aug 2009
4x100 MR	3:49.45	Canada,CAN	Leeds 9 Aug 2009