

# **PART 1**

# **DIVING RULES**

**To be considered at the  
FINA Technical Diving Congress**

**15 July 2009 // 09:30 hours  
Rome, Italy**

## FINA DIVING RULES

| RULE N°        | SUBMITTING BODY   | PROPOSAL   |
|----------------|---|--|
| <b>D 1</b>     | <b>GENERAL</b>  |  |
| <b>D 1.2</b>   | <b>TDC</b><br><br><i>Bureau recommends</i>  | All diving installations, including the springboards and platforms, shall be in accordance with the FINA Facilities Rules, <u>inspected and</u> approved by the delegate of FINA and a member of the Technical Diving Committee no later than <del>90-days</del> <u>120 days</u> prior to the start of the competitions.   |
| <b>D 1.2</b>   | <b>USA Fed.</b><br><br><i>Bureau &amp; TDC do not recommend</i>                     | All diving installations, including the springboards and platforms, shall be in accordance with the FINA Facilities Rules and approved by the delegate of FINA and a member of the Technical Diving Committee no later than <del>90-days</del> <u>six (6) months</u> prior to the start of the competitions. <u>An inspection should be made by a member of the Technical Diving Committee before approval is given.</u> |
| <b>D 1.3</b>   | <b>TDC</b><br><br><i>Bureau recommends</i>  | When diving is sharing the same venue with any other discipline, all diving installations shall be available for use by entered diving competitors on competition days provided no competition is in progress. <del>During swimming finals and water polo medal matches, diving is forbidden.</del>  |
| <b>D 1.3</b>   | <b>GRE Fed.</b><br><br><i>Bureau &amp; TDC do not recommend</i>                     | When diving is sharing the same venue with any other discipline, all diving installations shall be available for use by entered diving competitors on competition days provided no competition is in progress. During swimming finals, <u>synchronised swimming finals</u> and water polo medal matches, diving <del>is</del> <u>finals are</u> forbidden <u>but training could be allowed.</u>                          |
| <b>D 1.3</b>   | <b>USA Fed.</b><br><br><i>Bureau &amp; TDC do not recommend</i>                     | When diving is sharing the same venue with any other discipline, all diving installations shall be available for use by entered diving competitors on competition days provided no <u>diving</u> competition is in progress. During swimming finals and water polo medal matches diving is forbidden.  |
| <b>D 1.4</b>   | <b>GRE Fed.</b><br><br><i>Bureau &amp; TDC do not recommend</i>                     | Divers younger than 14 years on December 31 <sup>st</sup> in the year of the competition shall not be permitted to compete at the Olympic Games, World Championships, <del>or</del> World Cups <u>and FINA Events (including Diving World Series and Diving Grand Prix).</u>   |
| <b>D 1.4</b>   | <b>USA Fed.</b><br><br><i>Bureau &amp; TDC do not recommend</i>                     | Divers younger than 14 years on December 31 <sup>st</sup> in the year of the competition shall not be permitted to compete at the Olympic Games, World Championships, <del>or</del> World Cups, <u>or other competitions under control of FINA, except for Age Group competitions.</u>   |
| <b>D 1.5</b>   | <b>Diving Number Designations</b>   |  |
| <b>D 1.5.1</b> | <b>CAN Fed.</b><br><b>Version I</b><br><br><i>Bureau &amp; TDC do not recommend</i> | All dives shall be designated by a system of 3, <del>or</del> 4 <u>or 5</u> numerals followed by a single letter.  |

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| D 1.5.1 | CAN FED.<br><b>VERSION II</b><br><i>Bureau &amp; TDC do not recommend</i> | All dives shall be designated by a system of 3 or 4 numerals followed by a single letter. <u>All dives with 4 digits will be considered to be from the twisting group including those beginning with the digit 6.</u>   |
| D 1.5.4 | USA FED.<br><i>Bureau &amp; TDC do not recommend</i>                      | The third digit shall indicate the number of half somersaults being performed. For example 1 = ½ somersault, 3 = 1½ somersaults, etc. <u>If the feet go in the water before the head or hands it shall be considered a feet first dive. If the head or hands go in the water before the feet it shall be considered a head first dive.</u>  |
| D 1.5.6 | CAN FED.<br><b>Version I</b><br><i>Bureau &amp; TDC do not recommend</i>  | In the twisting group (those dives beginning with the first digit 5) <u>dives with 4 digits</u> , the second digit indicates the group or direction of the take-off as listed in d 1.5.2 above. <u>In dives with 5 digits, the second digit indicates that it will be an armstand dive and the third digit indicates the group or direction of the take-off as listed in d 1.5.5 above.</u> |
| D 1.5.7 | CAN Fed.<br><b>Version I</b><br><i>Bureau &amp; TDC do not recommend</i>  | <u>In the Twisting group dives with 5 digits, the 4<sup>th</sup> digit shall indicate the number of half somersaults being performed.</u><br><br><i>Renumber thereafter</i>   |
| D 1.5.8 | CAN Fed.<br><b>Version I</b><br><i>Bureau &amp; TDC do not recommend</i>  | In the twisting group <del>and Armstand groups</del> <u>the final digit (4<sup>th</sup> digit in 4 number dives and 5<sup>th</sup> digit in 5 number dives)</u> shall indicate the number of half twists being performed.   |
| D 1.5.9 | GRE Fed.<br><i>Bureau &amp; TDC do not recommend</i>                      | Free position means any combination of the other positions and is restricted in its use to <u>some</u> twisting dives.  |
| D 1.5.9 | USA Fed.<br><i>Bureau &amp; TDC recommend</i>                             | Free position means any combination of the other positions and is restricted in its use <del>to</del> <u>in some</u> twisting dives.  |

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| <b>D 1.6</b>                               | <b>DEGREE OF DIFFICULTY</b>   |   |
| <b>D 1.6.4</b>                             | <b>TDC<br/>GRE &amp; USA<br/>Feds.</b><br><br><i>Bureau &amp; TDC<br/>recommend</i> | In calculating the degree of difficulty for dives with twists, the following need to be noted:<br>- Dives with ½ somersault and twists can only be executed in position A, B or C,<br>- Dives with 1 or 1½ somersaults and twists can only be executed in position D,<br>- Dives with 2 or more somersaults and twists can only be executed in position B or C, and<br>- Armstand dives with 1, 1½ or 2 somersaults and <u>one or more</u> twists can only be executed in position D. |
| <b>D 2</b>                                 | <b>COMPETITIONS</b>   |   |
| <b>D 2.1</b>                               | <b>General</b>  |   |
| <b>D 2.1.6</b>                             | <b>USA Fed.</b><br><br><i>Bureau &amp; TDC<br/>recommend</i>                        | If a diver is unable to compete <del>in</del> <u>at the beginning of</u> any session the diver ranked next shall advance to the next session in order to have the prescribed number of divers in each session.  |
| <b>D 2.2</b>                               | <b>1 metre springboard</b>  |   |
| <u><b>D 2.5</b></u><br><u><b>NEW</b></u>   | <b>SUI Fed</b><br><br><i>Bureau &amp; TDC<br/>do not<br/>recommend</i>              | <u><b>Team Diving - 3m springboard and 10m platform combined</b></u>  |
| <u><b>D 2.5.1</b></u><br><u><b>NEW</b></u> | <b>SUI Fed</b><br><br><i>Bureau &amp; TDC<br/>do not<br/>recommend</i>              | <u><b>There shall be a preliminary and a final competition.</b></u>   |
| <u><b>D 2.5.2</b></u><br><u><b>NEW</b></u> | <b>SUI Fed</b><br><br><i>Bureau &amp; TDC<br/>do not<br/>recommend</i>              | <u><b>At the World Championships, the final shall comprise the top twelve (12) teams from the preliminary round.</b></u>  |
| <u><b>D 2.5.3</b></u><br><u><b>NEW</b></u> | <b>SUI Fed</b><br><br><i>Bureau &amp; TDC<br/>do not<br/>recommend</i>              | <u><b>The preliminary and final competition are separate events, each starting from zero (0) points.</b></u>  |

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| <b>D 3</b>                                 | <b>COMPETITION FORMAT</b>                            |   |
| <b>D 3.7</b>                               | <b>Synchronised diving</b>                           |   |
| <b>D 3.7.3</b>                             | TDC<br><br><i>Bureau recommends</i>                  | Every competition for women on 3m springboard and platform shall comprise five (5) rounds of dives <u>from five (5) different groups</u> : Two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of the formula and three (3) rounds of dives without limit of degree of difficulty.<br><br><u>All forward facing dives on springboard shall be done with a running approach.</u> |
| <b>D 3.7.4</b>                             | TDC<br><br><i>Bureau recommends</i>                  | Every competition for men on 3m springboard and platform shall comprise six (6) rounds of dives <u>from five (5) different groups</u> : Two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of the formula and four (4) rounds of dives without limit of degree of difficulty.<br><br><u>All forward facing dives on springboard shall be done with a running approach.</u>     |
| <b>D 3.7.4</b>                             | GRE Fed.<br><i>Bureau &amp; TDC do not recommend</i> | Every competition for men on 3m springboard and platform shall comprise six (6) <del>rounds of</del> dives <u>from five (5) different groups</u> : Two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of the formula and four (4) rounds of dives without limit of degree of difficulty.   |
| <b>D 3.7.5</b>                             | USA Fed.<br><i>Bureau &amp; TDC do not recommend</i> | The Women's competitions comprise five (5) rounds of dives from at least four (4) groups, with <u>at least</u> one dive forward facing, <del>and which shall not be in a standing position on the springboard.</del> <u>All forward facing dives on springboard shall be done with an approach.</u>   |
| <b>D 3.7.6</b>                             | USA Fed.<br><i>Bureau &amp; TDC do not recommend</i> | The Men's competitions comprise six (6) rounds of dives from at least four (4) groups, with <u>at least</u> one dive forward facing, <del>and which shall not be in a standing position on the springboard.</del> <u>All forward facing dives on springboard shall be done with an approach.</u> Within the six (6) rounds, a group cannot be used more than twice.   |
| <b><u>D 3.8</u></b><br><b><u>NEW</u></b>   | SUI Fed.<br><i>Bureau &amp; TDC do not recommend</i> | <u>Team Diving</u>  |
| <b><u>D 3.8.1</u></b><br><b><u>NEW</u></b> | SUI Fed.<br><i>Bureau &amp; TDC do not recommend</i> | <u>The team diving competition involves two (2) competitors. one (1) male and one (1) female.</u>   |
| <b><u>D 3.8.2</u></b><br><b><u>NEW</u></b> | SUI Fed.<br><i>Bureau &amp; TDC do not recommend</i> | <u>The competition at World Championships, World Cup and Continental Championships shall comprise two competitors of the same Federation.</u>   |
| <b><u>D 3.8.3</u></b><br><b><u>NEW</u></b> | SUI Fed.<br><i>Bureau &amp; TDC</i>                  | <u>The competition shall comprise six (6) rounds of dives. Three (3) dives shall be executed from the 3m springboard. the other three</u>   |

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|                              | <i>do not recommend</i>                              | <u>(3) dives from the 10m platform. All six (6) groups shall be used.</u>   |
| <u>D 3.8.4</u><br><u>NEW</u> | SUI Fed.<br><i>Bureau &amp; TDC do not recommend</i> | <u>Three (3) dives shall be executed by the female diver. the other three (3) dives from the male diver.</u>  |
| <u>D 3.8.5</u><br><u>NEW</u> | SUI Fed.<br><i>Bureau &amp; TDC do not recommend</i> | <u>The total degree of difficulty (DD) of the six (6) dives shall not exceed 12.6 and the DD of one single dive shall not exceed 2.5</u>  |
| <u>D 3.8.6</u><br><u>NEW</u> | SUI Fed.<br><i>Bureau &amp; TDC do not recommend</i> | <u>If the facilities allowed. the order of the dives from the 3m springboard and 10m platform is free. If it is not possible to judge from the same seats. the dives from the 3m springboard shall be executed first.</u>   |
| <b>D 4</b>                   | <b>STATEMENT OF DIVES</b>                            |   |
| <b>D 4.1</b>                 | TDC<br><i>Bureau recommends</i>                      | Each diver <u>or diver's representative</u> shall deliver to the Referee, or his designated representative, a complete statement of the selected dives on the official form of the event for the preliminary competition and all the following sessions of the competition.   |
| <b>D 4.2</b>                 | TDC<br><i>Bureau recommends</i>                      | <del>Each diver is solely</del> <u>The diver and the diver's representative are</u> responsible for the accuracy of the statement in the list and the statement of dives shall be signed by the diver <u>and the diver's representative.</u>  |
| <b>D 4.6</b>                 | TDC<br><i>Bureau recommends</i>                      | In all competitions, the diver <u>and the diver's representative</u> may change the statement of dives before the commencement of any semi-final or final of the competition, provided the amended statement is lodged with the Referee, or his designated representative, no later than thirty (30) minutes after the end of the previous session of the competition. If a new statement of dives is not submitted within the prescribed time, the diver shall perform the dives as indicated in his initial submission. |
| <b>D 4.7</b>                 | TDC<br><i>Bureau recommends</i>                      | In any competition, in extenuating circumstances, a diver may be replaced by another diver of the same Federation up to 3 hours before the commencement of the preliminary competition.<br>In synchronised diving events <u>at the Olympic Games</u> the replacement may also take place prior to the start of the final competition. The Referee will accept a change in the statement of dives.   |

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| D 5   | <b>COMPETITION PROCEDURE</b>  |   |
| D 5.1   | Control of Competitions   |   |
| D 5.2   | Composition of the Judges Panels  |   |
| D 5.2.1                                       | <p>GER Fed.<br/>ITA Fed.</p> <p><i>Bureau &amp; TDC recommend with amendment:</i></p> | <p>At the Olympic Games, World Championships and World Cups, seven (7) judges shall be used for individual events and <del>nine (9)</del> <b>eleven (11)</b> judges for synchronised diving events (five (5) shall judge the synchronisation of the dive, <del>two</del> <b>three (3)</b> shall judge the execution of one diver and <del>two</del> <b>three (3)</b> the execution of the other diver).</p> <p>.....</p> <p><u>Whenever possible at</u> the Olympic Games, World Championships and World Cups, seven (7) judges shall be used for individual events and <del>nine (9)</del> <b>eleven (11)</b> judges for synchronised diving events (five (5) shall judge the synchronisation of the dive, <del>two</del> <b>three (3)</b> shall judge the execution of one diver and <del>two</del> <b>three (3)</b> the execution of the other diver).</p> |
| D 5.2.2                                       | <p>TDC</p> <p><i>Bureau recommends</i></p>  | <p>In all individual competitions other than the Olympic Games, World Championships and World Cups, five (5) judges may be used. <u>In all synchronised diving competitions, other than Olympic Games, World Championships and World Cups, nine (9) judges may be used. Five (5) shall judge the synchronisation of the dive, two (2) shall judge the execution of the dive on their side and two (2) shall judge the execution of the other dive on their side.</u></p>  |
| D 5.2.3                                       | <p>TDC</p> <p><i>Bureau recommends</i></p>  | <p>Provided sufficient judges are available, the panel of judges for the <u>semi-final and</u> final competition shall consist of judges whose nationality is different to that of any of the divers in the <u>semi-final and</u> final.</p>  |
| D 5.2.3                                       | <p>USA Fed.</p> <p><i>Bureau &amp; TDC do not recommend</i></p>                       | <p>Provided sufficient judges are available, the panel of judges for the <u>semi-final and</u> final competition shall consist of judges whose nationality is different to that of any of the divers in the <u>semi-final or</u> final.</p>   |
| D 5.2.9                                       | <p>TDC</p> <p><i>Bureau recommends</i></p>  | <p>The judges' awards shall be displayed on an electronic scoreboard, preferably unseen by the judges. <u>The awards (without any other information about the standing of the competitions) must be seen for the judges on their score pads.</u></p>  |
| D 6   | <b>DUTIES OF THE REFEREE AND ASSISTANT REFEREES</b>                                   |   |
| <u>D 6.4</u><br><u>NEW</u>                    | <p>TDC</p> <p><i>Bureau recommends</i></p>  | <p><u>If, when executing a running dive, the diver double bounces on the end of the springboard or platform before take-off, the Referee shall declare it a failed dive.</u></p>  |
| D 6.14  | <p>TDC</p> <p><i>Bureau recommends</i></p>  | <p><del>The Referee shall declare a maximum of 4½ points if, when executing a standing dive, the diver bounces on the end of the springboard or platform.</del></p>   |
| <u>D 6.13</u><br><u>NEW</u><br><u>(FORMER</u> | <p>TDC</p> <p><i>Bureau recommends</i></p>  | <p><u>In exceptional circumstances, a referee may allow a diver to repeat a dive without penalty. The awards for the first dive must be noted should a protest be lodged.</u></p>   |

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| D 8.1.8)  |  | <i>Renumber thereafter</i>  |
| <u>D 6.19.1</u><br><u>NEW</u>                   | USA Fed.<br><i>Bureau &amp; TDC recommend</i>        | <u>In head first dives, if the feet enter the water before the head or hands the referee shall declare a failed dive.</u>   |
| <u>D 6.19.2</u><br><u>NEW</u>                   | USA Fed.<br><i>Bureau &amp; TDC recommend</i>        | <u>In feet first dives, if the head or hands enter the water before the feet the referee shall declare a failed dive.</u>   |
| <u>D 6.20</u><br><u>NEW</u><br>(former D 8.1.9) | TDC<br><i>Bureau recommends</i>                      | <u>During the execution of a dive, there shall be no assistance to the diver from any person. Assistance between dives shall be permitted.</u><br><i>Renumber thereafter</i>  |
| D 6.21  | TDC<br><i>Bureau recommends</i>                      | <del>When a diver stops his run before the end of the springboard or platform and then continues, the Referee shall deduct 2 points from the award of each judge.</del>   |
| D 7   | <b>DUTIES OF THE SECRETARIAT</b>                     |   |
| D 7.6   | GER & ITA Fed.<br><i>Bureau &amp; TDC recommends</i> | In synchronised diving, the secretaries shall cancel the <u>highest and lowest judges' awards given for execution for one diver, the highest and lowest judges' awards for execution for the other diver</u> <del>highest and lowest judges' awards given for execution</del> and the highest and lowest judges' awards for synchronisation. When two or more <del>judges</del> awards are equal, either of the equal awards may be cancelled.  |
| D 7.7   | TDC<br><i>Bureau recommends</i>                      | The secretaries shall independently add the remaining awards and multiply this total by the degree of difficulty for the dive to determine the score of the dive <u>according to the following examples:</u><br><br><u>Individual competitions</u><br><u>Five (5) Judges: 8.0, 7.5, 7.5, 7.5, 7.0 = 22.5 x 2.0 = 45.0</u><br><u>Seven (7) Judges: 8.0, 7.5, 7.5, 7.5, 7.5, 7.5, 7.0 = 22.5 x 2.0 = 45.0</u><br><br><u>Synchronised Diving competition:</u><br><u>Nine (9) Judges: Synchro awards: 8.5, 8.0, 8.0, 7.5, 7.5</u><br><u>Execution Diver 1: 7.0, 6.5</u><br><u>Execution Diver 2: 5.5, 5.5</u><br><u>35.5 : 5 x 3 = 21.3 x 2.8 = 59.64</u><br><br><u>Eleven (11) Judges: Synchro awards: 8.0, 8.0, 7.5, 8.0, 7.0</u><br><u>Execution Diver 1: 7.0, 6.5, 6.0</u><br><u>Execution Diver 2: 5.5, 5.5, 7.0</u><br><u>35,5 : 5 x 3 = 21,3 x 2,8 = 59,64</u> |
| D 7.7   | GER Fed.<br>ITA Fed.                                 | The secretaries shall independently add the remaining awards and multiply this total by the degree of difficulty for the dive to determine the score of the dive.<br><br>Example: 8.0, 7.5, 7.5, 7.5, 7.5, 7.5, 7.0 = 22.5 x 2.0 = 45.0   |

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|                              | <i>Bureau &amp; TDC do not recommend</i>                 | <p><u>Example for synchro events:</u></p> <p><u>Synchro awards:</u>            8   8'   7'   8   7'</p> <p><u>Execution Diver A:</u>            7   6'   6'</p> <p><u>Execution Diver B:</u>            5'   5'   7'</p> <p><u>35,5 : 5 x 3 = 21,3 x 2,8 = 59,64</u></p>   |
| <u>D 7.7.1</u><br><u>NEW</u> | USA Fed.<br><br><i>Bureau &amp; TDC do not recommend</i> | <p><u>In synchronized diving, the secretaries shall independently add the remaining awards, multiply this total by the degree of difficulty for the dive, then multiply the total by 0.6 or 3/5ths to determine the score of the dive.</u></p> <p><u>Example:</u></p> <p><u>EXECUTION</u>                    <u>8-0, 7.5, 6.5, 7.0</u></p> <p><u>SYNCHRONIZATION</u>    <u>7.5, 7-0, 7.5, 7.5, 7.5</u></p> <p><u>= 37.0 x 2.3 x 0.6 = 51.06</u></p>  |
| D 7.8                        | USA Fed.<br><br><i>Bureau &amp; TDC recommend</i>        | <p>When a judge by reason of illness or any other unforeseen circumstances, has made no award for a particular dive, the average of the awards of the other judges shall be adopted as the missing award. The award shall be calculated <u>up or down</u> to the nearest half point <u>or whole point. Averages ending in .25 or higher shall be rounded to .50. Averages ending in .75 and higher shall be rounded up to .00.</u> <del>and if this average results in 0.25 or 0.75 points, the award shall be rounded up to the next highest half point. If the calculated average produces an award with a decimal of other than 0.50 points, the calculated award shall be rounded up to the next half point or whole point.</del></p>  |
| D 7.9                        | USA Fed.<br><br><i>Bureau &amp; TDC recommend</i>        | <p>In synchronised diving, when a judge (execution or synchronised) by reason of illness or any other unforeseen circumstance, has made no award for a particular dive, the award of the other execution judge of the same diver, or the average award of the other four synchronised judges, shall be adopted as the missing award. The <u>synchronised</u> award shall be rounded <u>up or down</u> to the nearest half point <u>or whole point. Averages ending in .25 or higher shall be rounded to .50. Averages ending in .75 or higher shall be rounded up to .00.</u> <del>and if this average results in 0.25 or 0.75 points, the award shall be rounded up to the next highest half point. If the calculated average produces an award with a decimal of other than 0.50 points, the calculated award shall be rounded up to the next half point or whole point.</del></p> |

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| D 8       | <b>JUDGING</b>   |  |
| D 8.1     | <b>General</b>   |  |
| D 8.1.1   | <b>TDC</b><br><br><i>Bureau recommends</i>             | A judge shall award from 0 to 10 points for a dive according to his overall impression within the following criteria:<br><br><del>Completely failed 0 points</del><br><del>Unsatisfactory ½ to 2 points</del><br><del>Deficient 2½ to 4½ points</del><br><del>Satisfactory 5 to 6 points</del><br><del>Good 6½ to 8 points</del><br><del>Very good 8½ to 10 points</del><br><br><u>Excellent 10</u><br><u>Very Good 8.5 - 9.5</u><br><u>Good 7.0 - 8.0</u><br><u>Satisfactory 5.0 - 6.5</u><br><u>Deficient 2.5 - 4.5</u><br><u>Unsatisfactory 0.5 - 2.0</u><br><u>Completely Failed 0</u> |
| D 8.1.6   | <b>USA Fed.</b><br><i>Bureau &amp; TDC recommend</i>   | When a dive is not performed in the <del>position</del> straight (a), pike (b), <del>or</del> tuck (c), <u>or free (d) position</u> as described below, the judge shall deduct from ½ to 2 points, according to his opinion.   |
| D 8.1.8   | <b>TDC</b><br><br><i>Bureau recommends</i>             | <del>In exceptional circumstances, a Referee may allow a diver to repeat a dive without penalty. The awards for the first dive must be noted should a protest be lodged.</del><br><b>Moved to section 6 (Referee) as D 6.13</b>  |
| D 8.1.9   | <b>TDC</b><br><i>Bureau recommends</i>                 | <del>During the execution of a dive, there shall be no assistance to the diver from any person. Assistance between dives shall be permitted.</del><br><b>Moved to section 6 (Referee) as D 6.20</b>  |
| D 8.1.10  | <b>TDC</b><br><i>Bureau recommends</i>                 | When the signal is given by the Referee, the diver shall <del>proceed to take</del> the starting position <del>for his dive</del> .<br><b>Move before D 8.2.1</b>  |
| D 8.2     | <b>The starting position</b>                           |  |
| D 8.2.3.3 | <b>TDC</b><br><i>Bureau recommends</i>                 | <del>The dive shall be deemed to have commenced when the arms leave the starting position.</del><br><b>Renumber thereafter</b>   |
| D 8.2.3.4 | <b>TDC</b><br><br><i>Bureau recommends as amended:</i> | When a diver <u>takes a step or</u> stops the movement for the take-off <del>after the arm swing has commenced or</del> after the legs have commenced to press, the Referee shall <u>declare a restart and shall</u> deduct 2 points from the award of each judge.<br><br>.....<br>When a diver <u>takes a step or</u> stops the movement for the take-off <del>after</del>  |

## FINA DIVING RULES

| RULE N°                      | SUBMITTING BODY   | PROPOSAL  |
|------------------------------|---|---|
|                              |   | <p><del>the arm swing has commenced or</del> after the legs have commenced to press, the Referee shall <u>declare there has been a restart and shall deduct 2 points from the award of each judge.</u></p> <p><i>Renumber as D 6.21</i></p>   |
| D 8.2.3.4                    | CAN Fed.<br><i>Bureau &amp; TDC do not recommend</i>      | When a diver <u>takes a step or</u> stops the movement for the take-off after the arm swing has commenced or after the legs have commenced to press, the Referee shall deduct 2 points from the award of each judge.  |
| D 8.2.3.5                    | TDC<br><i>Bureau recommends</i>                           | When executing a standing dive, the diver must not bounce on the springboard or platform before the take-off. In <del>these circumstances</del> <u>this circumstance</u> the <del>Referee Judge</del> shall <del>declare a maximum of 4½ points deduct from ½ to 2 points, according to his opinion. Should the Referee not make a declaration, each judge may award up to a maximum of 4½ points for the dive.</del>   |
| D 8.2.5                      | <b>Armstand dives</b>                                     |   |
| D 8.2.5.2                    | CAN Fed.<br><i>Bureau &amp; TDC recommend</i>             | When, in an armstand dive, a <u>stationary and</u> steady balance in the straight vertical position is not shown, each judge shall deduct from ½ to 2 points, according to his opinion.   |
| D 8.3                        | <b>The approach</b>                                       |   |
| D 8.3.1                      | GRE Fed.<br><i>Bureau &amp; TDC recommend as follows:</i> | <p>When executing a running dive from either the springboard or the platform, the run shall be smooth and aesthetically pleasing, and continuous <u>in a general forward direction</u> to the end of the springboard or platform with the final step being from one foot.</p> <p>.....</p> <p>When executing a running dive from either the springboard or the platform, the run shall be smooth and aesthetically pleasing, and <del>continuous</del> <u>in a forward direction</u> to the end of the springboard or platform with the final step being from one foot.</p> |
| D 8.3.2                      | TDC<br><i>Bureau recommends</i>                           | When the run is not smooth or aesthetically pleasing, <del>or does not continue</del> <u>in a forward direction</u> to the end of the springboard or platform, each judge shall deduct ½ to 2 points, according to his opinion.   |
| <u>D 8.3.3</u><br><u>NEW</u> | CAN Fed.<br><i>Bureau &amp; TDC recommend</i>             | <p><u>When the final step is not from one foot, the Referee shall declare it a failed dive.</u></p> <p><i>Renumber thereafter</i></p>   |
| <u>D 8.3.4</u><br><u>NEW</u> | TDC<br><i>Bureau recommends</i>                           | <u>When executing a running dive, the diver must not double bounce on the end of the springboard or platform before the take off. When the judge considers that the diver has double bounced in a running dive, the judge may award zero (0) points, notwithstanding that he Referee has not declared it to be a failed dive.</u>   |
| D 8.4                        | <b>The take-off</b>                                       |   |
| <u>D 8.4.6</u><br><u>NEW</u> | GRE Fed.  | <u>In straight dives with twist, the twisting shall not be manifestly done from the springboard or platform. If the twisting is manifestly done from the springboard or platform, each judge shall deduct ½</u>   |

## FINA DIVING RULES

| RULE N°         | SUBMITTING BODY                               | PROPOSAL   |
|-----------------|---|--|
|                 | <i>Bureau &amp; TDC recommend as amended:</i> | <p><u>to 2 points, according to his opinion.</u></p> <p>.....</p> <p><u>In dives with twist, the twisting shall not be manifestly done from the springboard or platform. If the twisting is manifestly done from the springboard or platform, each judge shall deduct ½ to 2 points, according to his opinion.</u></p> |
| <b>D 8.5</b>    | <b>The flight</b>                             |  |
| <b>D 8.5.4</b>  | <i>TDC Bureau recommends</i>                  | <del>In straight dives with twist, the twisting shall not be manifestly done from the springboard or platform. If the twisting is manifestly done from the springboard or platform each judge shall deduct ½ to 2 points, according to his opinion.</del>  |
| <b>D 8.5.11</b> | <i>TDC Bureau recommends</i>                  | <del>In dives with twist, the twisting shall not be manifestly done from the springboard or platform. If the twisting is manifestly done from the springboard or platform each judge shall deduct ½ to 2 points, according to his opinion.</del>   |
| <b>D 8.5.13</b> | <i>TDC Bureau recommends</i>                  | When a twist is greater or less than that announced by 90° or more, the Referee shall declare it a failed dive.<br><b><i>To be renumbered as D 8.6.6</i></b>   |
| <b>D 8.6</b>    | <b>The entry</b>                              |  |
| <b>D 8.6.1</b>  | <i>TDC Bureau recommends</i>                  | The entry into the water shall in all cases be vertical, <del>or nearly so,</del> <b><u>not twisted</u></b> with the body straight, the feet together and the toes pointed.  |
| <b>D 8.6.2</b>  | <i>TDC Bureau recommends</i>                  | When the entry is short or over, <b><u>twisted or</u></b> the body not straight, the feet not together and the toes not pointed, each judge shall deduct according to his opinion.   |
| <b>D 8.6.6</b>  | <i>TDC Bureau recommends</i>                  | The dive is <del>deemed</del> <b><u>considered</u></b> to have been completed when the whole of the body is completely under the surface of the water.   |

## FINA DIVING RULES

| RULE N° | SUBMITTING BODY | PROPOSAL |
|---------|-----------------|----------|
|---------|-----------------|----------|

|                                   |   |   |
|-----------------------------------|---|---|
| <b>D 9</b>                        | <b>JUDGING SYNCHRONISED DIVING</b>                          |   |
| <b>D 9.2</b>                      | <b>TDC</b><br><i>Bureau recommends</i>                      | The rules for judging individual diving shall apply to the execution of dives in synchronised diving, <u>except that when a diver performs an incorrect and different dive the Referee shall declare the dive failed.</u> |
| <b>D 9.6</b><br><u>NEW</u>        | <b>TDC</b><br><i>Bureau recommends</i>                      | <u>The Referee shall declare a two-point deduction from all Judges when there is a restart by one or both divers.</u><br><i>Renumber thereafter</i>   |
| <b>D 9.12</b><br><u>NEW</u>       | <b>USA Fed.</b><br><i>Bureau &amp; TDC do not recommend</i> | <u>When television capabilities are available, instant replay monitors shall be available for the five judges judging the synchronised segment to be able to view the dive before entering their awards.</u>              |
| <b>DEGREE OF DIFFICULTY TABLE</b> |   |   |
|                                   | <b>TDC</b>  | <i>See below</i>  |

**Degree of Difficulty (DD) is calculated by adding: A + B + C + D + E**

### A. Somersaults

| Level               | 0   | ½   | 1   | 1½  | 2   | 2½  | 3   | 3½  | 4½  |
|---------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| <b>1m &amp; 5m</b>  | 0.9 | 1.1 | 1.2 | 1.6 | 2.0 | 2.4 | 2.7 | 3.0 | —   |
| <b>3m &amp; 7½m</b> | 1.0 | 1.3 | 1.3 | 1.5 | 1.8 | 2.2 | 2.3 | 2.8 | 3.5 |
| <b>10m</b>          | 1.0 | 1.3 | 1.4 | 1.5 | 1.9 | 2.1 | 2.5 | 2.7 | 3.5 |

### B. Flight Position For flying dives add fly position (E) to either (B) or (C) Position

|                 | 0 - 1 Somersault |      |     |      |     | 1½ - 2 Somersaults |      |      |     |     | 2½ Somersaults |      |      |     |     | 3 - 3½ Somersaults |      |     |     |     | 4½ Somersaults |      |     |     |     |
|-----------------|------------------|------|-----|------|-----|--------------------|------|------|-----|-----|----------------|------|------|-----|-----|--------------------|------|-----|-----|-----|----------------|------|-----|-----|-----|
|                 | Fwd              | Back | Rev | Inw  | Arm | Fwd                | Back | Rev  | Inw | Arm | Fwd            | Back | Rev  | Inw | Arm | Fwd                | Back | Rev | Inw | Arm | Fwd            | Back | Rev | Inw |     |
| <b>C = Tuck</b> | 0.1              | 0.1  | 0.1 | -0.3 | 0.1 | 0                  | 0    | 0    | 0.1 | 0   | 0              | 0.1  | 0    | 0.2 | 0.1 | 0                  | 0    | 0   | 0.3 | 0.2 | 0.2            | 0    | 0.1 | 0.3 | 0.4 |
| <b>B = Pike</b> | 0.2              | 0.2  | 0.2 | -0.2 | 0.3 | 0.1                | 0.3  | 0.3  | 0.3 | 0.3 | 0.2            | 0.3  | 0.2  | 0.5 | 0   | 0.3                | 0.3  | 0.3 | 0.6 | 0.4 | 0.4            | 0.4  | 0.4 | 0.6 | 0.7 |
| <b>A = Strt</b> | 0.3              | 0.3  | 0.3 | 0.1  | 0.4 | 0.4                | 0.5  | 0.6  | 0.8 | 0.5 | 0.6            | 0.7  | 0.6  | —   | —   | —                  | —    | —   | —   | —   | —              | —    | —   | —   | —   |
| <b>D = Free</b> | 0.1              | 0.1  | 0.1 | -0.1 | 0   | 0                  | -0.1 | -0.1 | 0.2 | 0   | 0              | -0.1 | -0.2 | 0.4 | 0   | 0                  | 0    | 0   | —   | —   | —              | —    | —   | —   | —   |
| <b>E = Fly</b>  | 0.2              | 0.1  | 0.1 | 0.4  | —   | 0.2                | 0.2  | 0.2  | 0.5 | —   | 0.3            | 0.3  | 0.3  | 0.7 | —   | 0.4                | —    | —   | —   | —   | —              | —    | —   | —   | —   |

Seven of the above components have negative values. Dashes indicate dives that currently are not possible.

### C. Twists

| Group                | ½ Twist ½ - 1 Som. | ½ Twist 1 ½ - 2 Som. | ½ Twist 2 ½ Som. | ½ Twist 3-3 ½ Som. | 1 Twist | 1 ½ Twists ½ - 2 Som. | 1 ½ Twists 2 ½ Som. | 2 Twists | 2 ½ Twists | 3 Twists | 3 ½ Twists | 4 Twists | 4 ½ Twists |
|----------------------|--------------------|----------------------|------------------|--------------------|---------|-----------------------|---------------------|----------|------------|----------|------------|----------|------------|
|                      | <b>Forward</b>     | 0.4                  | 0.4              | 0.4                | 0.4     | 0.6                   | 0.8                 | 0.8      | 1.0        | 1.2      | 1.5        | 1.6      | 1.8        |
| <b>Back</b>          | 0.2                | 0.4                  | 0                | 0                  | 0.4     | 0.8                   | 0.6                 | 0.8      | 1.2        | 1.4      | 1.7        | 1.8      | 2.0        |
| <b>Reverse</b>       | 0.2                | 0.4                  | 0                | 0                  | 0.4     | 0.8                   | 0.6                 | 0.8      | 1.2        | 1.4      | 1.7        | 1.8      | 2.0        |
| <b>Inward</b>        | 0.2                | 0.4                  | 0.2              | 0.4                | 0.4     | 0.8                   | 0.8                 | 0.8      | 1.2        | 1.5      | 1.6        | 1.8      | 2.0        |
| <b>Arm. Forward</b>  | 0.4                | 0.5                  | 0.5              | 0.4                | 1.2     | 1.3                   | 1.3                 | 1.5      | 1.7        | —        | —          | —        | —          |
| <b>Arm. Back/Rev</b> | 0.4                | 0.5                  | 0.5              | 0.5                | 1.2     | 1.3                   | 1.3                 | 1.3      | 1.7        | —        | —          | —        | —          |

(1) Dives with ½ somersault and twists can only be executed in positions A, B, or C,

(2) Dives with 1 or 1 ½ somersaults and twists can only be executed in position D,

(3) Dives with 2 or more somersaults and twists can only be executed in positions B or C, and

(4) Armstand dives with 1, 1 ½, or 2 somersaults and one or more twists can only be executed in position D.

## FINA DIVING RULES

| RULE N° | SUBMITTING BODY | PROPOSAL |
|---------|-----------------|----------|
|---------|-----------------|----------|

### D. Approach/Group 1. Forward, Back, Reverse, Inward Groups

| Level      | Forward<br>½ - 3½<br>Som. | Forward 4<br>- 4 ½<br>Som. | Back ½ -<br>3 Som. | Back 3½<br>- 4½<br>Som. | Reverse ½<br>- 3<br>Som. | Reverse 3½<br>- 4½ Som. | Inward ½<br>- 1 Som. | Inward 1½<br>- 4½ Som. |
|------------|---------------------------|----------------------------|--------------------|-------------------------|--------------------------|-------------------------|----------------------|------------------------|
| 1m and 5m  | 0                         | 0.5                        | 0.2                | 0.5                     | 0.3                      | 0.5                     | 0.6                  | 0.5                    |
| 3m and 7½m | 0                         | 0.3                        | 0.2                | 0.3                     | 0.3                      | 0.3                     | 0.3                  | 0.3                    |
| 10m        | 0                         | 0.2                        | 0.2                | 0.2                     | 0.3                      | 0.2                     | 0.3                  | 0.2                    |

### D. Approach/Group 2. Armstand (does not apply to twisting dives)

| Level          | Armstand<br>Forward with<br>0-2 Som. | Armstand<br>Forward with<br>more than 2<br>Som. | Armstand<br>Back with<br>0-½ Som. | Armstand<br>Back with<br>1-4 Som. | Armstand<br>Reverse with<br>0-½ Som. | Armstand<br>Reverse with<br>1-4 Som. |
|----------------|--------------------------------------|---|-----------------------------------|-----------------------------------|--------------------------------------|--------------------------------------|
| 5m, 7½m, & 10m | 0.2                                  | 0.4   | 0.2                               | 0.4                               | 0.3                                  | 0.5                                  |

### E. Unnatural Entry (does not apply to twisting dives)

| Group                 | ½ Som | 1 Som | 1½ Som | 2 Som | 2½ Som | 3 Som | 3½ Som | 4½ Som |
|-----------------------|-------|-------|--------|-------|--------|-------|--------|--------|
| Forward/Inward        | —     | 0.1   | —      | 0.2   | —      | 0.2   | —      | —      |
| Back/Reverse          | 0.1   | —     | 0.2    | —     | 0.3    | —     | 0.4    | 0.4    |
| Armstand Back&Reverse | —     | 0.1   | —      | 0.2   | —      | 0.2   | —      | —      |
| Armstand Forward      | 0.1   | —     | 0.2    | —     | 0.3    | —     | 0.4    | 0.4    |

The diver does not see the water until dive action is substantially completed. The component is the same at all levels.

### Examples

| Dive | Pos | Hght | A   | B   | C   | D   | E   | D.D. |
|------|-----|------|-----|-----|-----|-----|-----|------|
| 632  | B   | 10   | 1.4 | 0.3 | 0   | 0.5 | 0.1 | 2.3  |
| 6243 | D   | 10   | 1.9 | 0   | 1.3 | 0   | 0   | 3.2  |
| 6241 | B   | 10   | 1.9 | 0.3 | 0.5 | 0   | 0   | 2.7  |
| 6162 | C   | 10   | 2.5 | 0.1 | 1.2 | 0   | 0   | 3.8  |

| Dive | Pos | Hght | A   | B   | C   | D   | E   | DD  |
|------|-----|------|-----|-----|-----|-----|-----|-----|
| 313  | C   | 3    | 1.5 | 0.2 | 0   | 0.3 | 0.2 | 2.2 |
| 5132 | D   | 3    | 1.5 | 0   | 0.6 | 0   | 0   | 2.1 |
| 5351 | C   | 3    | 2.2 | 0   | 0   | 0.3 | 0   | 2.5 |
| 5371 | C   | 3    | 2.8 | 0   | 0   | 0.3 | 0   | 3.1 |

## DEGREE OF DIFFICULTY CHANGES

| Level | Dive | A   | B   | C   | D   | E   | New<br>DD | Current<br>DD |
|-------|------|-----|-----|-----|-----|-----|-----------|---------------|
| 3M    | 109C | 3.5 | 0.0 | 0.0 | 0.3 | 0.0 | 3.8       | 3.5           |
| 3M    | 109B | 3.5 | 0.4 | 0.0 | 0.3 | 0.0 | 4.2       | New           |
| 10M   | 109C | 3.5 | 0.0 | 0.0 | 0.2 | 0.0 | 3.7       | 3.5           |
| 10M   | 109B | 3.5 | 0.4 | 0.0 | 0.2 | 0.0 | 4.1       | New           |
| 3M    | 209C | 3.5 | 0.1 | 0.0 | 0.3 | 0.4 | 4.3       | New           |
| 3M    | 209B | 3.5 | 0.4 | 0.0 | 0.3 | 0.4 | 4.6       | New           |
| 10M   | 209C | 3.5 | 0.1 | 0.0 | 0.2 | 0.4 | 4.2       | New           |
| 10M   | 209B | 3.5 | 0.4 | 0.0 | 0.2 | 0.4 | 4.5       | New           |
| 3M    | 309C | 3.5 | 0.3 | 0.0 | 0.3 | 0.4 | 4.5       | New           |
| 3M    | 309B | 3.5 | 0.6 | 0.0 | 0.3 | 0.4 | 4.8       | New           |
| 10M   | 309C | 3.5 | 0.3 | 0.0 | 0.2 | 0.4 | 4.4       | New           |
| 10M   | 309B | 3.5 | 0.6 | 0.0 | 0.2 | 0.2 | 4.5       | New           |
| 3M    | 409C | 3.5 | 0.4 | 0.0 | 0.3 | 0.0 | 4.2       | 4.2           |
| 3M    | 409B | 3.5 | 0.7 | 0.0 | 0.3 | 0.0 | 4.5       | 4.5           |

## FINA DIVING RULES

| RULE N° | SUBMITTING BODY | PROPOSAL |
|---------|-----------------|----------|
|---------|-----------------|----------|

| Level | Dive  | A   | B    | C   | D   | E   | New DD | Current DD |
|-------|-------|-----|------|-----|-----|-----|--------|------------|
| 10M   | 409C  | 3.5 | 0.4  | 0.0 | 0.2 | 0.0 | 4.1    | 4.1        |
| 10M   | 409B  | 3.5 | 0.7  | 0.0 | 0.2 | 0.0 | 4.4    | 4.4        |
| 3M    | 207C  | 2.8 | 0.0  | 0.0 | 0.3 | 0.4 | 3.5    | 3.4        |
| 3M    | 207B  | 2.8 | 0.3  | 0.0 | 0.3 | 0.4 | 3.8    | 3.7        |
| 10M   | 207C  | 2.7 | 0.0  | 0.0 | 0.2 | 0.4 | 3.3    | 3.3        |
| 10M   | 207B  | 2.7 | 0.3  | 0.0 | 0.2 | 0.4 | 3.6    | 3.6        |
| 10M   | 636C  | 2.5 | 0.2  | 0.0 | 0.5 | 0.2 | 3.4    | 3.3        |
| 10M   | 5237D | 1.5 | -0.1 | 1.7 | 0.2 | 0.0 | 3.3    | 3.2        |
| 10M   | 5253B | 2.1 | 0.3  | 0.6 | 0.2 | 0.0 | 3.2    | 3.4        |
| 3M    | 5136D | 1.5 | 0.0  | 1.5 | 0.0 | 0.0 | 3.0    | 2.9        |
| 1M    | 5136D | 1.6 | 0.0  | 1.5 | 0.0 | 0.0 | 3.1    | 3.0        |
| 1M    | 5126D | 1.2 | 0.1  | 1.5 | 0.0 | 0.0 | 2.8    | 2.7        |
| 3M    | 5126D | 1.3 | 0.1  | 1.5 | 0.0 | 0.0 | 2.9    | 2.8        |
| 10M   | 5136D | 1.5 | 0.0  | 1.5 | 0.0 | 0.0 | 3.0    | 2.9        |
| 7.5M  | 5136D | 1.5 | 0.0  | 1.5 | 0.0 | 0.0 | 3.0    | 2.9        |
| 5M    | 5136D | 1.6 | 0.0  | 1.5 | 0.0 | 0.0 | 3.1    | 3.0        |
| 3M    | 5436D | 1.5 | 0.2  | 1.5 | 0.3 | 0.0 | 3.5    | 3.4        |
| 10M   | 5436D | 1.5 | 0.2  | 1.5 | 0.2 | 0.0 | 3.4    | 3.3        |
| 3M    | 5152B | 2.2 | 0.2  | 0.6 | 0.0 | 0.0 | 3.0    | 3.0        |
| 3M    | 5337D | 1.5 | -0.1 | 1.7 | 0.3 | 0.0 | 3.4    | 3.3        |
| 1M    | 5337D | 1.6 | -0.1 | 1.7 | 0.3 | 0.0 | 3.5    | 3.4        |
| 10M   | 5337D | 1.5 | -0.1 | 1.7 | 0.3 | 0.0 | 3.4    | 3.3        |
| 7.5M  | 5337D | 1.5 | -0.1 | 1.7 | 0.3 | 0.0 | 3.4    | 3.3        |
| 5M    | 5337D | 1.6 | -0.1 | 1.7 | 0.3 | 0.0 | 3.5    | 3.4        |
| 3M    | 5353B | 2.2 | 0.2  | 0.6 | 0.3 | 0.0 | 3.3    | 3.5        |

| AGE GROUP RULES  |  |   |
|------------------|--|---|
| <b>DAG 3</b>     | <b>Diving Events</b>                       |   |
| <b>DAG 3.1</b>   | <b>Group A</b>                             |   |
| <b>DAG 3.1.1</b> | <b>TDC</b><br><br><i>Bureau recommends</i> | Age: 16 <b>and</b> 17 <del>or 18</del> years on December 31 <sup>st</sup> of the year of the competition. |
| <b>DAG 4.8</b>   | <b>TDC</b><br><br><i>Bureau recommends</i> | The Championships shall be conducted in a minimum period of <del>five (5)</del> <b>six (6)</b> days.      |

DEGREE OF DIFFICULTY TABLE - USA Fed.

*Bureau & TDC does not recommend*

## FINA DIVING RULES

| RULE N° | SUBMITTING BODY | PROPOSAL |
|---------|-----------------|----------|
|---------|-----------------|----------|

**NOTE:** At the request of the TDC the following changes must be made in the formula categories in order to produce the appropriate Degree of Difficulties for a Back 4½ Somersault from the 10 Meter platform and the 3 Meter Springboard.

**Necessary changes in formula:** In Category B add Back to Inward 4½ column (last column, second row). If Back was added to Front 4½ column (next to last column, second row) the tuck would be 0.4 less (4.1 - the same as 409C) and pike would be 0.3 less (4.5 - one tenth more than 409B).

In Category D split Back column (third column) to be similar to Inward columns (fifth and sixth columns). Third column would become Back ½ - 3 Somersault with values of 0.2, 0.2, and 0.2. The new column would be Back 3½ - 4½ Somersault with values of 0.5, 0.3, and 0.2. Without making this change 10M and 3M would have the same DD.

In Category E change last column (3½ Somersaults) to be 3½ - 4½ Somersaults.

**B. Flight Position** For flying dives add fly position (E) to either (B) or (C) Position

| Position        | 0 - 1 Somersault |      |     |     |     | 1 ½ - 2 Somersault |      |     |     |     | 2 ½ Somersault |      |     |     |     | 3 - 3 ½ Somersault |      |     |     |     | 4 ½ |      |     |
|-----------------|------------------|------|-----|-----|-----|--------------------|------|-----|-----|-----|----------------|------|-----|-----|-----|--------------------|------|-----|-----|-----|-----|------|-----|
|                 | Fwd              | Back | Rev | Inw | Arm | Fwd                | Back | Rev | Inw | Arm | Fwd            | Back | Rev | Inw | Arm | Fwd                | Back | Rev | Inw | Arm | Fwd | Back | Inw |
| <b>C = Tuck</b> | 0.1              | 0.1  | 0.1 | 0   | 0.1 | 0                  | 0    | 0   | 0.1 | 0   | 0              | 0.1  | 0   | 0.2 | 0.1 | 0                  | 0    | 0   | 0.3 | 0.1 | 0   | 0.4  |     |
| <b>B = Pike</b> | 0.2              | 0.2  | 0.2 | 0   | 0.3 | 0.1                | 0.3  | 0.3 | 0.3 | 0.3 | 0.2            | 0.3  | 0.2 | 0.5 | 0   | 0.3                | 0.3  | 0.3 | 0.6 | 0.4 | 0.4 | 0.7  |     |
| <b>A = Strt</b> | 0.3              | 0.3  | 0.3 | 0.1 | 0.4 | 0.4                | 0.5  | 0.6 | 0.8 | 0.5 | 0.6            | 0.7  | 0.6 | —   | —   | —                  | —    | —   | —   | —   | —   | —    | —   |
| <b>D = Free</b> | 0.1              | 0.1  | 0.1 | 0   | 0   | 0                  | 0    | 0   | 0.2 | 0   | 0              | 0    | 0   | 0.4 | 0   | 0                  | 0    | 0   | 0   | —   | —   | —    | —   |
| <b>E = Fly</b>  | 0.2              | 0.1  | 0.1 | 0.4 | —   | 0.2                | 0.2  | 0.2 | 0.5 | —   | 0.3            | 0.3  | 0.3 | 0.7 | —   | 0.4                | —    | —   | —   | —   | —   | —    | —   |

Seven of the above components have negative values. Dashes indicate dives that currently are not possible.

**D. Approach/Group** 1. Forward, Back, Reverse, and Inward Groups

| Level      | Forward | Back ½ - 3 Som. | Back 3½ - 4½ Som. | Reverse | Inward ½ - 1 Som. | Inward 1½ - 4½ Som. |
|------------|---------|-----------------|-------------------|---------|-------------------|---------------------|
| 1m and 5m  | 0       | 0.2             | 0.5               | 0.3     | 0.6               | 0.5                 |
| 3m and 7½m | 0       | 0.2             | 0.3               | 0.3     | 0.3               | 0.3                 |
| 10m        | 0       | 0.2             | 0.2               | 0.3     | 0.3               | 0.2                 |

**E. Unnatural Entry** (does not apply to twisting dives)

| Group                    | ½ Som | 1 Som | 1½ Som | 2 Som | 2½ Som | 3 Som | 3½-4½ Som |
|--------------------------|-------|-------|--------|-------|--------|-------|-----------|
| Forward or Inward        | —     | 0.1   | —      | 0.2   | —      | 0.2   | —         |
| Back or Reverse          | 0.1   | —     | 0.2    | —     | 0.3    | —     | 0.4       |
| Armstand Back or Reverse | —     | 0.1   | —      | 0.2   | —      | 0.2   | —         |
| Armstand Forward         | 0.1   | —     | 0.2    | —     | 0.3    | —     | 0.4       |

**Back four and one half somersaults from 10 Meter and 3 Meter (209C and 209B)**

For Back 4 ½ SS Tuck (209C) 10M = 3.5 + 0.4 + 0.0 + 0.2 + 0.4 = 4.5

For Back 4 ½ SS Pike (209B) 10M = 3.5 + 0.7 + 0.0 + 0.2 + 0.4 = 4.8

For Back 4 ½ SS Tuck (209C) 3M = 3.5 + 0.4 + 0.0 + 0.3 + 0.4 = 4.6

For Back 4 ½ SS Pike (209B) 3M = 3.5 + 0.7 + 0.0 + 0.3 + 0.4 = 4.9